

Modified Football Fall 2025 meeting agenda
Coach: Mr. Barone (677-3500 ext. 4424 or mbarone@wscschools.org),
Assistant coaches: Mr. Sebastian and Mr. Gang
Athletic Department (716-677-3141) Website wscschools.org (go to athletics)-Please
contact me via email if you have questions.

Please download and sign up for Remind send text to: 81010.....
send message: @e36a2eg will send reminders during summer

Important Dates

Player info meeting 6/5/25 Player info meeting 2:30 in the Aud.

Parent Meeting: August 16th Parent Meeting at the West Middle Gymnasium
9am

On line Registration-TBA..... On line registration through Parent Portal starts
TBA*****usually opens around August 1 to around the 11th of
August.....must be registered and a physical approved by the district before
football starts on the 21st.

First Day of Practice August 21 first day of practice....West Middle 8:30 am-
11:30 am pick up you will need, spikes, labeled water bottle, 2 mouthpieces and
workout clothes. We will be giving out equipment throughout the week after
practice.

About the Coaches

Coach Barone-This is my 26th Year as the Head coach at modified. I teach social studies at the
middle school and have twin 10 year old boys.

Coach Gang-This is his 23rd Year coaching Modified and he has twins as well. Mr. Gang is a
special education teacher in the district and has twins in East Senior

Coach Sebastian -Coach Sebastian has coached at East and West for many years including
Varsity & JV football, basketball and baseball. Coach Sebastian is a Physical Education teacher
at West Senior.

Mandatory Parent meeting Saturday 8/16/23 at 9 AM at West Middle Gym
Parents: Please make every effort to attend the parent meeting on Saturday
prior to the start of the season.

Getting Remind Set Up-this is how we will communicate with Parents.

1. download the Remind app.
 2. text #.....81010
 3. send message: @e36a2eg
 4. look for 1st announcement "West is the the Best"
- Announcements will be handed out through remind.

First 2 weeks of Practice at West Middle Field-

8:30 drop off-11:30 am Pick up...August 21, 22, 23, 25, 28, 29, 30 Staff development for teachers on the 26, 27, Practice on the 26th and 27th 3-5:30 pickup.....Monday 9/1 Labor day Off, Starting Tuesday 9/2-Thursday 9/4...school in session, practice time switches to 2:30 pm-4:40 pick up....buses M-Thurs...no buses on Fridays. Friday 9/5 school is in session...2:30-5pm parent pick up. Saturday 9/7 8:30 drop off 11:30 pick up.

Games are on Wednesdays Schedule TBA-please see district website for times and direction links.

9/10 Clarence at West 530
9/17 WSW at Williamsville North 530
9/24 West at Amherst 530
10/1 West at Frontier 530
10/8 Sweet Home at WSW 530
10/15 OP at WSW
10/22 WSW at WSE 530

Parents Please at Games-At Games please stay positive for our players and our program. Players and coaches work hard to do our best, please be positive and supportive. Please let the players focus on their teammates and the game during the contest. We will run a 5th quarter to try and get more time for the developing athlete. Please pick up your son on time after the games. We have a tough schedule. We are the smallest school in the large division. Frontier, North and OP are all 8th grader teams. They have no 7th graders on their team. My first concern is always safety in games. I will coach accordingly.

Saturday practices will end after games start. Parents please pick up students on time. Games generally played Wednesdays at 5:30pm. 2 B games (scrimmages) will be played on Saturdays to develop less experienced players. Practice and game times are subject to change.

Before you practice you will need:
Register on Line through Parent Portal starting

Paperwork-All paperwork is being done online at the West Seneca Athletic Website.

1. A physical through school or on a school approved form by your doctor. Physical good for 1 year. **Please note the PHYSICAL date is also on PowerSchool with the registration. Check with the Athletic office if you have questions or are unsure. I can only let an athlete practice who has been cleared by the Athletic Office.**

Physicals can be checked on line if they were approved in Parent Portal

2. Registration must be done online through the parent portal – see district website (athletic page) for more information. **(Athletic office # 677-3141)**

Equipment You need to buy--Please bring a mask to practice everyday.

1. 2 Colored mouthpieces
2. Athletic cup
3. Football spikes
4. Athletic shorts (no jean shorts). Athletes should wear their own clothing.
Bring weather gear (we will be outside every day).
5. Athletes will bring their own water bottle. DO NOT share your water bottle.
6. Athletes are responsible for bringing their own face shields if desired...must be clear.

What we are looking for during tryouts to make the team: keeping 3 strings.

1. Promising Athletes
2. Positive Attitudes-school leaders
3. Team Work
4. Athletes who are in shape
5. Athletes that are on time
6. Coachable Athletes
7. **Players who enjoy a contact sport**
8. **Experience not needed**
9. Safety-football is a contact sport. **Strong aggressive players.**
10. **Being able to learn and demonstrate football concepts in practice and games.**

Hazing and Bullying (will not be tolerated)

1. Please report any hazing or bullying immediately. There is zero tolerance for disrespect between teammates or classmates. Sports are a privilege. Expectations are that all players will be school, as well as team leaders.
2. We have a saying at West Football **"Pick em up, don't put em down!" or as Teddy Roosevelt said.. "Do what you can with what you have for where you are"!**

Academic Policy-must be passing your classes to be on the team and play.

Students Athletes-All players need to try their best in the classroom before trying their best on the field. Students should be responsible and monitor their progress with their teachers in order to stay eligible. Respect in the classroom is mandatory. I expect players to be role models in the school, at lunch, on the bus and in the community. **The district academic policy is in effect. Pass to play.**

Attendance and behavior policy:

All student athletes must be on time to all practices, to stay eligible for the games. If they are absent a written note is required (unless they are absent from school.)

If a student athlete is unable to attend a practice they should let the coach know **before the practice/meet** they will miss.

Remember, when signing up for a sport, student athletes are committing themselves to the team. Athletes are expected to attend the entire game.. We are a team and we will support everyone on the team. Being part of an athletic team is a **privilege**. Riding on the bus home is strongly encouraged, part of the team journey.

To participate in a game the student athlete must attend the practices before the game, unless excused from practice.

- Detentions will not be considered an acceptable excuse.
- Conflicts with other, outside sport teams will not be an acceptable excuse for practices or games.
- Extra help in a class is an acceptable excuse, be sure to notify the coach before the practice you will miss.

After one missed practice, without an excuse, a student will get a warning. After a second missed practice the athlete will be suspended from the next practice and game. Communication with the coach is essential.

All student athletes will be respectful of all teammates, competitors and coaches at all times. It is essential for student athletes to follow the directions given by coaches, officials or supervisors at all times. Being part of an athletic team is a privilege. We expect the student athlete's behavior to go above and beyond what would be expected during a normal school day. Our student athletes are held to the highest standards. Poor behavior or poor sportsmanship will not be tolerated. Being part of an athletic team in West Seneca is a **privilege**, removal from this team for not following directions is a possibility. Destruction of property, school property or personal property of an athlete or coach, will not be tolerated. Possible consequences include suspension from practices, suspension from meets, or removal from the team. (Your athletic day starts when the school day ends. It includes being in class and after school supervision, it includes the bus trip to WS, the bus to competitions and includes the bus ride home. It includes all the time we spend at practices and games and also includes waiting to get picked up after practices and meets. Bus drivers and all adults are supervisors.)

If a student athlete has received multiple referrals, it is important to know that the behavior that results in referrals will ultimately result in removal from the football team. Athletics is a **privilege** that is earned through behavior in athletics and in the classroom. **Disruption of the learning process in the classroom, hallways and/or on the athletic field will not be tolerated.**

Recommendations:

Academics are very important and come before athletics. If a student is struggling in school a coach should be notified so we can come up with a solution that will help the student athlete.

(Student Athlete's Name- printed) (Parent's Name- printed)

(Student Athlete's Name- signed)

(Parent's Name- signed)
